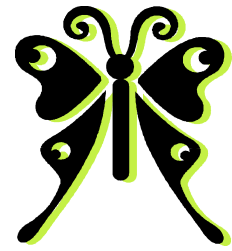


Butterfly Plants

Gray Barn Green Thumb Guide



Butterflies are fascinating garden creatures with many unique characteristics. Butterflies-

- Live on average 20-40 days.
- Eat with a long, flexible, tube like tongue through which they sip nectar and water.
- Are found worldwide except for Antarctica.
- Can taste with their feet! When they land on a flower, they know what it will taste like before they feed on it.
- Tend to like flowers that are made up of small flowers, so they have a 'landing pad'.

To entice butterflies to your garden, provide them with host plants and nectar plants. Host plants are where caterpillars feed before transforming into butterflies.

Host Plants

Aster	Aster
Butterfly Weed	Asclepias
Dill	Anethum
Dogwood	Cornus
Fennel	Foeniculum
Hollyhock	Alcea
Hops	Humulus
Mallow	Malva
Parsley	Petroselinum
Passionflower	Passiflora
Snapdragons	Antirrhinum
Sunflower	Helianthus

Butterflies feed on the nectar of certain plants. Because they can taste through their feet, they like to land on flowers. Be sure to plant large flowers with flat heads for them to land on and taste.

Nectar Plants

Bee Balm	Monarda
Butterfly Bush	Buddleia
Coneflower	Echinacea
Cinquefoil	Potentilla

Garden Phlox	Phlox
Globe Onion	Allium
Glossy Abelia	Abelia
Helen's Flower	Helenium
Hyssop	Agastache
Lilac	Syringa
Mallow	Malva
Mountain Laurel	Kalmia
Pincushion Flower	Scabiosa
Shasta Daisy	Leucanthemum
Spiraea	Spiraea
Sunflower	Helianthus
Tickseed	Coreopsis
Vaccinium	Vaccinium
Yarrow	Achillea

Adding plants for butterflies is an easy way to diversify your yard and make it more entertaining. And watching butterflies bounce around your yard can be very relaxing!